

When To Keep Your Child Home – Hybrid Classes

Some days your child may be sick and you will need to keep them home. A child who isn't feeling well enough to join in all of the school activities should stay home so they can rest. These are some things to look for.

FEVER AND OTHER COVID19-LIKE SYMPTOMS: You may utilize the Student Symptom Flow Chart to help decide if your child should go to school. Children should be symptom free, not have been exposed to anyone with COVID19 or COVID19-like symptoms, and do not have a fever. You should talk to your provider about whether a COVID19 test is needed if the following symptoms are present:

- Fever of 100.4 or above
- Chills
- Cough
- Shortness of breath
- Loss of taste and/or smell
- Sore throat
- Congestion and/or runny nose
- Nausea and/or vomiting
- Diarrhea
- Headache

SKIN: Keep your child home from school if they have:

- A rash and a fever, or when your child is not acting like themselves.
- A rash, and you know your child has been exposed to a contagious disease like chicken pox.
- Oozing, crusty sores in the face or body.
- Scabies, until treated.

STOMACH: Refer to the *Student Symptom Flow Chart**. Diarrhea is an increase in the number of bowel movements of your child, along with an increased amount of water in the stool itself. Children should stay home if:

- They have only diarrhea, lasting more than 24 hours.
- They have diarrhea and any other symptom, for any duration of time.
- They have nausea or vomiting for more than 24 hours.
- They have nausea or vomiting and any other symptom for any duration of time.



Capital Region ESD 113

Your goals, our reason

Call your child's health care provider if you have any questions or concerns about your child's health. Many of the symptoms listed above will need to be evaluated by a health provider.

IMPORTANT TELEPHONE NUMBERS:

Head Start Center:

Doctor:

Dentist:

Poison Center: 1-800-222-1222

Children's Hospital Resource Line: 1-866-987-2500